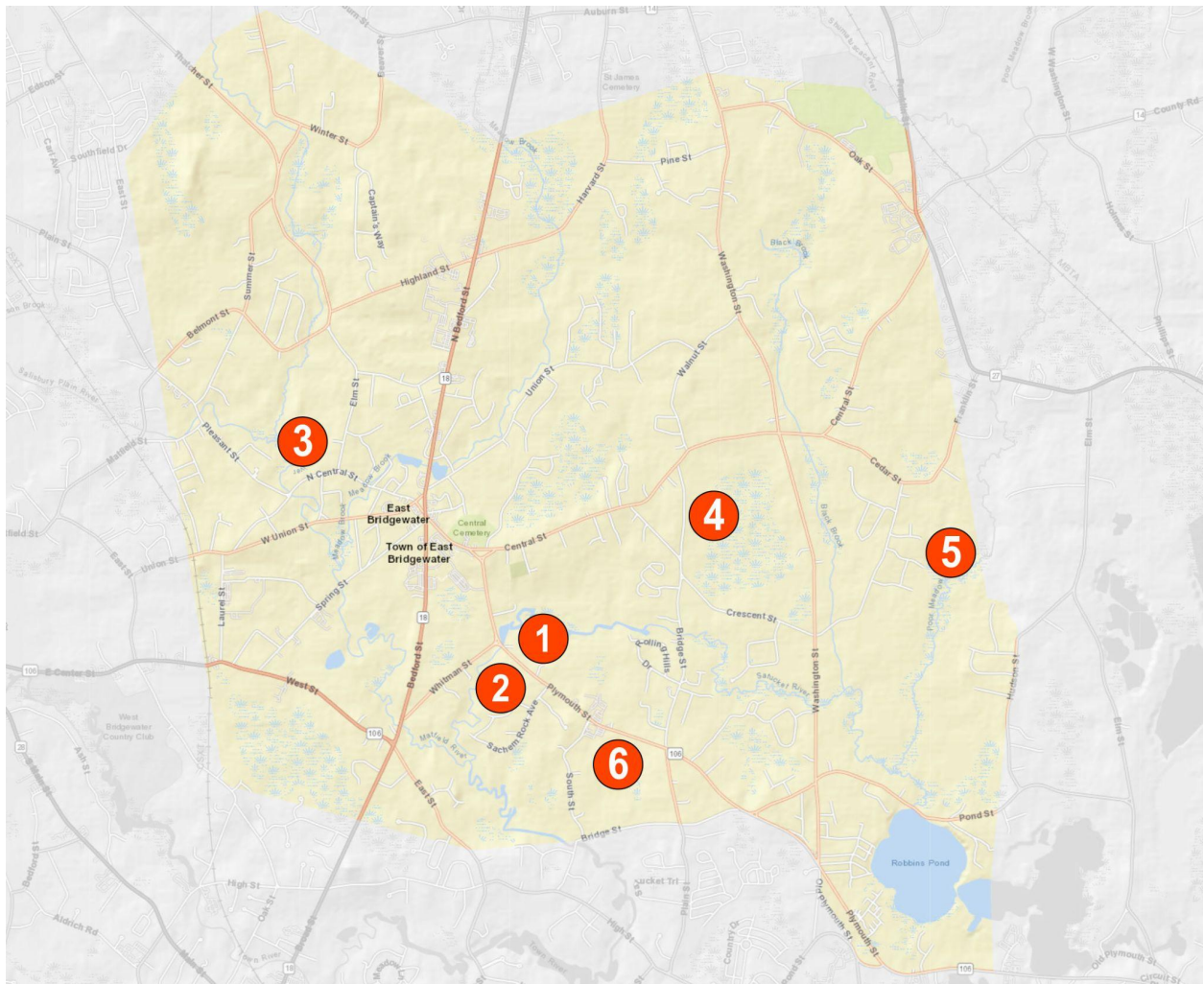


# Hiking Trails of East Bridgewater MA



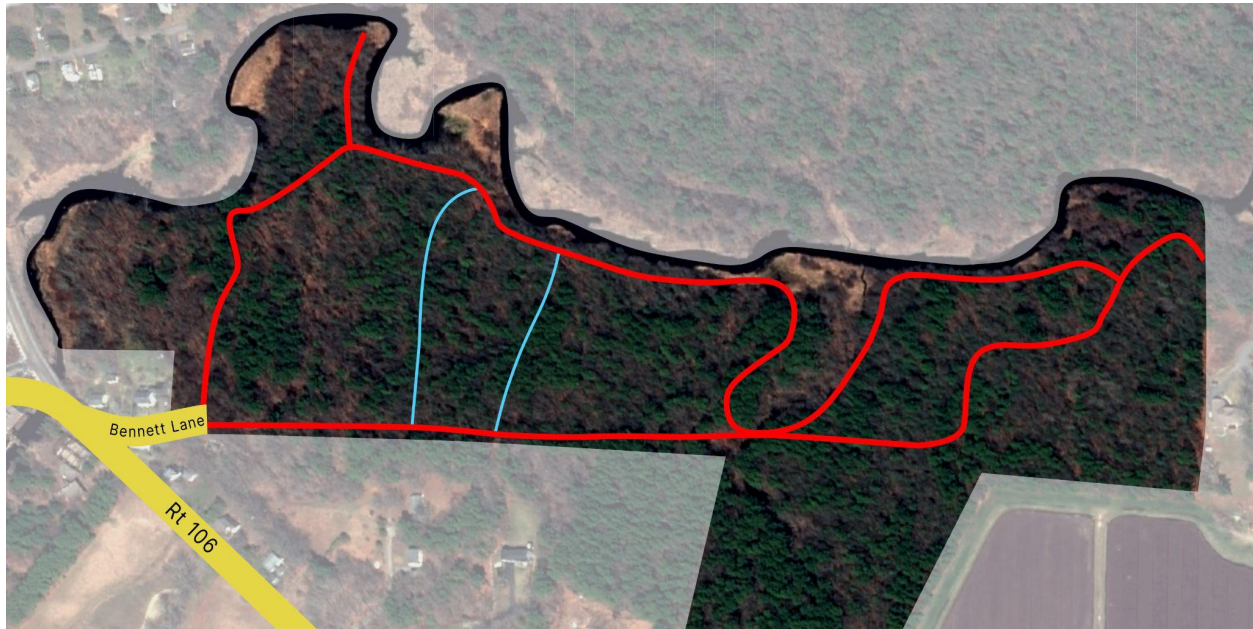
- |                                |                      |
|--------------------------------|----------------------|
| 1. Winsor Trail / Bennett Lane | 4. Town Forest       |
| 2. Sachus Rock Farm            | 5. Poor Meadow Brook |
| 3. Leland Farm                 | 6. YMCA              |

Looking for something to do outdoors? Interested in exploring the natural areas in our town? This document contains descriptions and hiking maps of the six main trails in EB. We hope you enjoy these trails and share the love with friends and neighbors.

# Hiking Notes

- Watch out for ticks and mosquitos!
- Be aware that hunting is allowed at the Leland Farm, Town Forest, and Poor Meadow Brook sites. Safety orange clothing is recommended during hunting season on those three trails.
- Several of these trails are subsections of the larger Bay Circuit Trail. For further information and more local hiking opportunities, visit <https://www.baycircuit.org>.
- Questions or suggestions? You can reach the Friends of East Bridgewater Trails club on their Facebook page.

## Bennett Lane/Winsor Trail - end of Bennett Lane, off Route 106



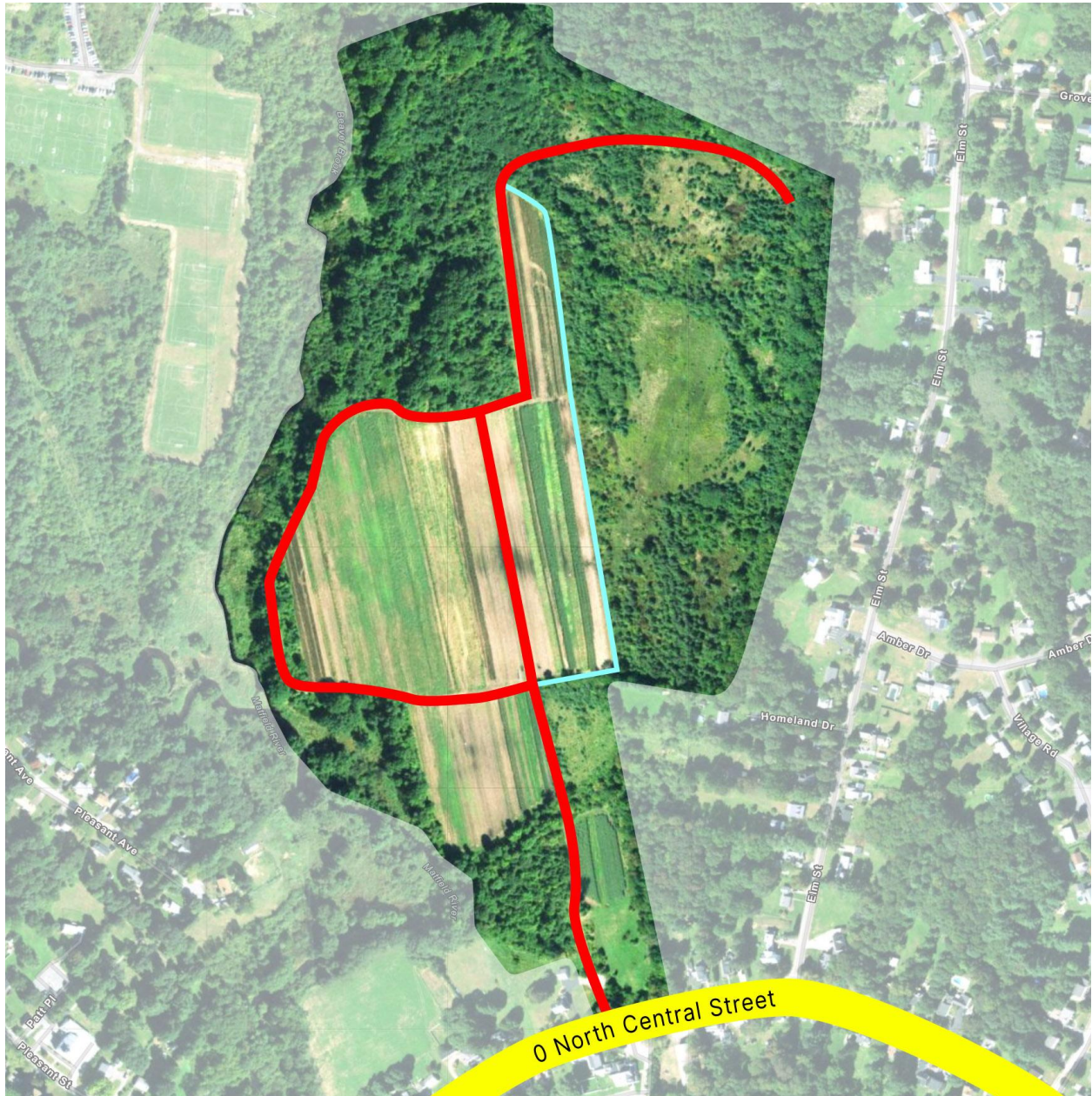
One of the East Bridgewater sections of the Bay Circuit Trail, this is the best hike if you're looking for something easy, while still possessing more than scant length. The wooded trails following the Sautucket River are fairly flat and freshly cleared, with many loops and side trails, thereby making it easy to adjust the length of your hike. Occasional muddy spots. River site of an old Native American fish weir, the remainder of which can sometimes be seen at low water. The full main trail loop is roughly 1.5 miles.

## Sachem Rock Farm - 355 Plymouth St. (Route 106)



A lovely little walk originating from the Senior Center at Sachem Rock Farm, this trail follows a hilly wooded path along the Sautucket River for the first half and then opens into a flatter meadow for its second half. Be aware of occasional steep hills and plentiful tree roots in the wooded section, but sticking to just the meadow loops is possible if looking for easier hikes. Additionally, this trail passes by the historical site of Sachem Rock, where the original land deal for the area that is now the Bridgewater was made with the native Wampanoag tribe. This walk is approximately 0.7 miles, with optional extensions or shortcuts.

## Leland Farm - 0 North Central St.



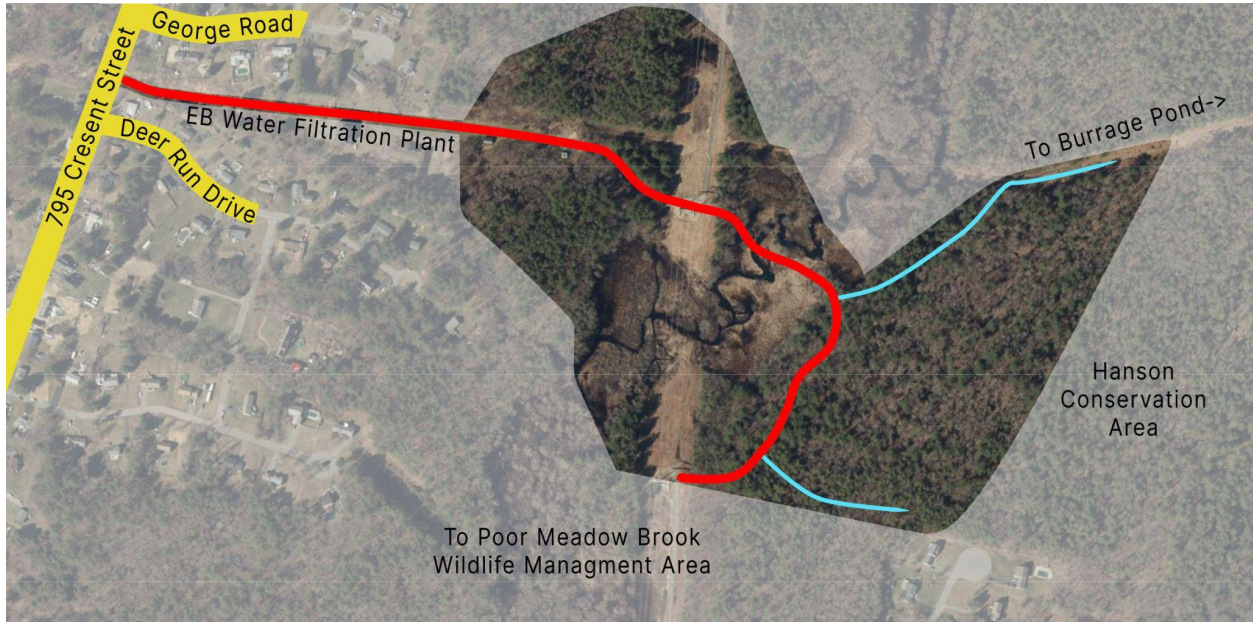
This trail passes through active farmland with some wooded areas on the margins. The longest section can be found by walking first through the crop fields, then beyond the far side into the woods. Footing can be difficult in places and mud is a major issue here during rainy periods, so walking then is inadvisable. The West side is bordered by Beaver Brook and its confluence with the Salisbury Plain River where they come together to form the Matfield River. Trails are around one and a half miles long, with additional optional extensions.

## Town Forest/Bridge Street - 100 Bridge St.



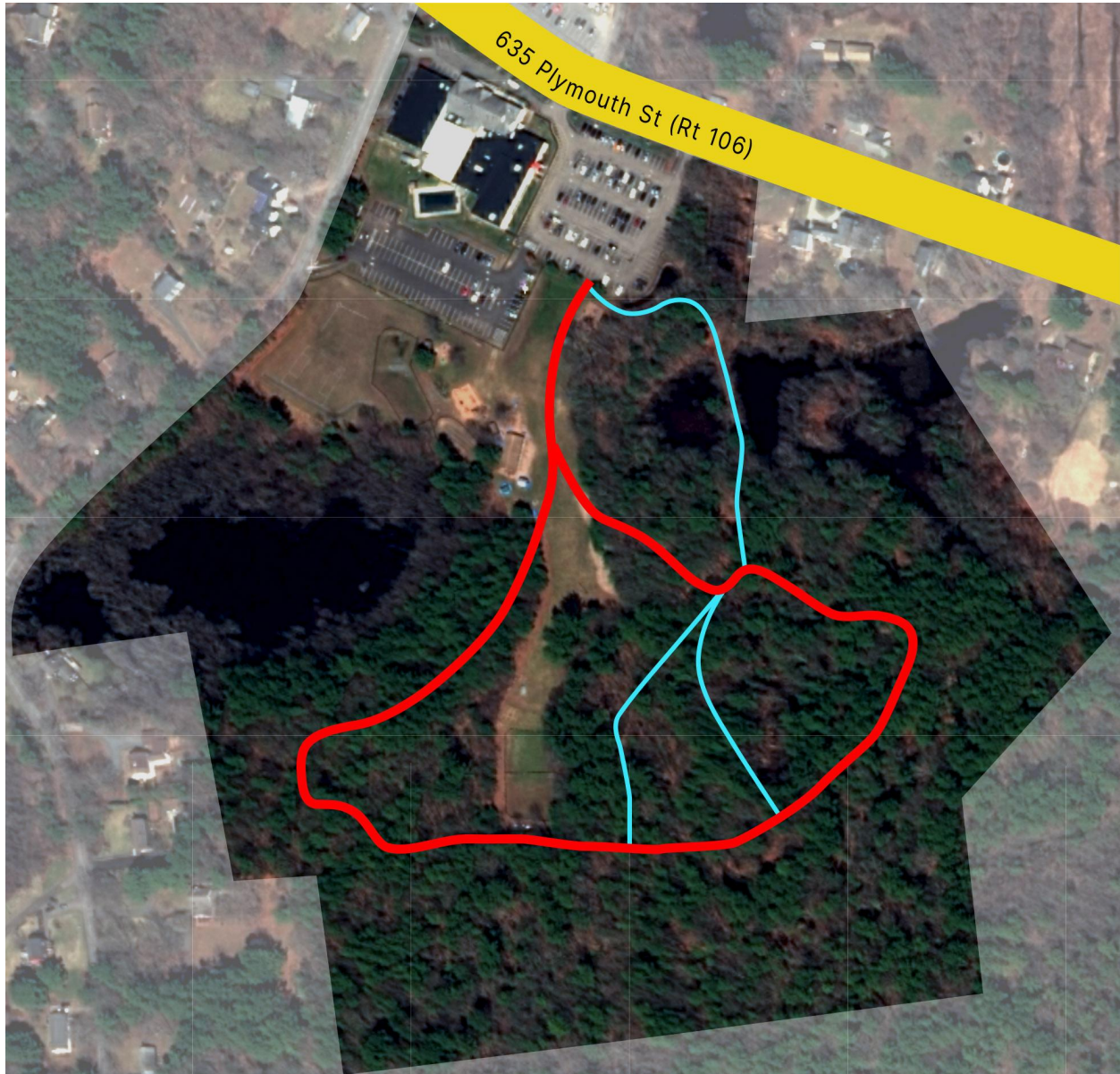
This is one of the easiest and least known hiking trails in East Bridgewater. It is short and flat with wide trails, easy footing, and hardly an incline. Park on the street next to the entrance. There are roughly 0.6 miles of wooded trails, plus optional side spurs.

## Poor Meadow Brook - 795 Crescent St.



This is likely the most challenging walking trail in East Bridgewater. It is a little-known but thrilling experience as it is part of the Bay Circuit Trail and serves as a gateway to several other amazing hiking areas, including Burrage Pond, the Hanson Conservation Area, and Poor Meadow Brook Wildlife Management Area. Online maps may be slightly inconsistent in finding the location, so look for a sign for Scott McCann Way at the entrance to the DPW Water Filtration Plant near 795 Crescent Street. Make sure to park outside the gate, even if it is open, since access is permitted for hikers but not vehicles. Follow the paved path past the filtration plant until it ends, then cross the power lines and look carefully for the trail that continues into the woods on the other side. During its course, you will find yourself traversing unreliable makeshift branch bridges across flooded or muddy areas. Flood risk is very high here, and walking this trail after heavy rains is inadvisable. Care should also be taken when crossing the large boardwalk/bridge, as some sections are in need of repair. The primary trail is around a mile and a half long, but the connecting trail network extends for tens of miles!

## East Bridgewater Old Colony YMCA - 635 Plymouth St.



These wooded trails are well-maintained, a good mixture of flat and hilly. They are owned by the Y but open to the public on days when camp is not in session. They are perfect for children, but be cautious of muddy areas. The primary trail is roughly  $\frac{3}{4}$  of a mile but possesses many optional extensions.